

Poetry (Volume 1)

Christopher Liam Rose
Poems

By

Christopher Liam Rose

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Chapter 1

Poem 1

Living

Chapter 1 -Poem 1- **Living**

1. I'm going to show you the way
that I am living
2. Jesus Christ - Jehovah -
Buddha is very forgiving
3. Everyday in my life I am
always Giving
4. Helping Other People and
Giving Back is Fulfilling
5. Only the lord knows how I am
living
6. Everyday I am Grinding trying
to make a Living
7. Losing my life is the sacrifice
of Losing
8. But this has been truly
Rewarding
9. I know the lord has a place for
me

10. In Heave where Jesus
Christ - Jehovah - Buddha will
be
11. This is truly my density
12. Helping Other People is
Everything to me
13. I'm living my life and I will
Be
14. Remember for my
Sacrifice, I am living Free
15. Jesus Christ - Jehovah -
Buddha is Everything to Me

Chapter 2

Poem 2

Life

Chapter 2 -Poem 2 - **Life**

1. Life is so really amazing
2. Jesus Christ - Jehovah -
Buddha is Shinning
3. Love & Peace is the light of the
world
4. Life is all about love in the
world
5. Faith & Spirituality is important
in life
6. Men, Women, Children shine
your light bright
7. When we do this, we will all
live right
8. Jesus Christ - Jehovah -
Buddha loves all of life
9. Stay True to your values and
beliefs
10. You will find True inner
peace
11. The Truth will set you free
12. Live for God, forever you
will be

13. The Light is within,
become spiritually free
14. Life is waiting just truly
believe
15. The Faith is Life, Your
Spirit is the Key

Chapter 3

Poem 3

The Light Is
Within You

Chapter 3 -Poem 3 - **The Light Is Within** **You**

1. The Light is within you
2. Faith and Spirituality within you
3. See the Hope which the lord provides
4. Your life will change just see it through your eyes
5. The passion for life is truly there
6. Stay focus and don't have no fear
7. You're an inspiration, shine your light here
8. The light is within you stay clear
9. The Spirit will guide you in life
10. Your faith and Spirituality are True light

11. Your A Star from the Heaven
above
12. Stay faithful and show your
love
13. Love & Peace is the Spirit
inside
14. Jesus Christ - Jehovah -
Buddha will make you come alive
15. The light shine in your daily
life
16. Stay Faithful always live right
17. You will see your dreams and
desires
18. Faith is the key, Love one
Another

Chapter 4

Poem 4

Spiritual Love

Poem 4
Book - Poetry (Volume 1)

Date - 06/08/2025

Chapter 4- Poem- **Spiritual Love**

1. Spiritual love is really all around us
2. The love of God is shining brightly on us
3. Spiritual love is found in yourself

4. Self-Compassion and faith is true health
5. Love your family, friends, relatives
6. Love your neighbour, animals, relationships
7. Spiritual love will help to guide you through
8. Spiritual love is the only love which is true
9. Jesus Christ - Jehovah - Buddha loves you
10. Your faith and Spirituality will push you through
11. Your Spouse and children is sacred to you
12. Humanity - Animals - Universe let Spiritual love be with you

Chapter 5

Poem 5

God

Chapter 5- Poem5-

God

1. God is the Creator of the universe
2. The love of God is the created force
3. God is truly Love & Peace
4. Humanity - Animals - Universe please live in Peace
5. Stop all the wars and all of the corruption
6. The lord God want to show us compassion
7. He loves us more then you know
8. God is the Creator, Only God really knows
9. Follow your heart to find God blessing
10. The Spirit of God is Truly Heaven
11. Live your life with faith and spirituality

12. The Living God will truly
make you happy
13. Read the bible and follow
the commandments
14. This is the Truth the lord
God has command
15. The Lord God is seeking
for your heart
16. Your Faith and Love is
where your journey starts
17. Love God with all your
Heart
18. The Love of God will Guide
you

Chapter 6

Poem 6

Soul

Chapter 6- Poem6- **Soul**

1. Your Soul is really so important
2. Jesus Christ - Jehovah -
Buddha want to make you
whole
3. You're the one who can save
your soul
4. Find Faith and Spirituality is
the Goal
5. Read the Bible, Scroll through
the Scriptures
6. You will find the light and see
the Bigger Picture
7. Faith and Spirituality is the
mixture
8. For Eternal Life to truly Glow
9. Jesus Christ - Jehovah -
Buddha loves you so

10. Live your life honouring
the only God whole
11. Your Soul find it inside of
you
12. The Light will truly shine
through
13. Your Soul will live
Spiritually Free
14. This is everlasting life your
density

Chapter 7

Poem 7

Spiritual Energy

Chapter 7- Poem 7- **Spiritual Energy**

1. Spiritual Energy is All Around Us
2. This is the light called Spiritual Energy
3. Your life is the light which is within
4. See your Energy feel your Energy
5. Jesus Christ - Jehovah - Buddha need your Energy
6. To Help Humanity - Animals - Universe
7. Your Spiritual Energy is the Spirit within
8. Let your light shine until Eternity
9. You only get one life to live
10. Spiritually Going All Out!!
Is Spiritual Energy

11. Let your Pain be the Inspiration in life
12. Your Spiritual Energy will never die in life
13. You will live on for Billions of years' time
14. Spiritual Energy is Spiritual Eternity
15. Your Energy is Spiritual Presence
16. You will be the source of true Inspiration
17. Your Spiritual Energy, The Light is within you
18. Jesus Christ - Jehovah - Buddha is True
19. The Spiritual Energy - The Light That Shine within you
20. The Light Over the darkness

Chapter 8

Poem 8

Pain

Chapter 8- Poem 8- **Pain**

1. I want to show you the pain
that I have gone through
2. Losing things in my life has
been horrible
3. So much Suffering and so
much Pain
4. Jehovah in my life, Heal me
from this Pain
5. I will never be the same
6. Losing my home has cause me
pain
7. This is something I need to go
through
8. Feeling and Emotions,
Suffering, Pain
9. Losing my relationship made
me broken
10. Losing my motorbike
made me vulnerable

11. Losing my possessions
was a major sacrifice
12. Jesus Christ - Jehovah -
Buddha keep me Alive
13. I see Faith and Spirituality
in my eyes
14. This gives me Hope and
Control
15. No Matter the Pain I go
through
16. I will remain Spiritual and
Hopeful
17. No Pain will break my
Spirit
18. My Faith has Truly
changed
19. God got me in the Palm of
his hands
20. I understand my Pain and
Truly understand

Chapter 9

Poem 9

Faith

Chapter 9- Poem 9- **Faith**

1. Faith is something that inside of you
2. With Faith the Lord God become True
3. You can be anything you want to be
4. If you have Faith and Just Believe
5. Your Life with Jesus Christ - Jehovah - Buddha
6. Pray and mediate you will feel your connection
7. The blessing for the Lord is really True
8. All you need to do is be you
9. Stay True to the Spiritual Laws
10. Nature Presence will be with you
11. Faith come by hearing and hearing the word of God

12. Commit your relationship
with the Lord
13. Your life is a Masterpiece
of Art
14. Your faith is how the
Journey start
15. Stay faithful and Spiritual
16. The Holy Spirit will guide
you
17. Seek Truth and True
Understanding
18. Your Faith will be your
source
19. The Truth is inside of you
20. The Truth set you free -
Faith Be with You

Chapter 10

Poem 10

Spirituality

Chapter 10- Poem

10- Spirituality

1. Spirituality is really so important
2. You need the Spirit to get to your Fortune
3. Jesus Christ - Jehovah - Buddha is with you
4. Your Spirituality will make life True
5. Focus on What you want to be
6. Then you will see your density
7. The Spiritual Life is Eternal Life
8. Spiritually Going All Out!!! Live your life
9. Helping Other People is Spiritual Contributions
10. Making A Difference is True Inspiration

11. Spirituality will help you find your passion
12. This will help to find your ambition
13. Faith is the key to Spiritual Mission
14. Live your life pursuing your Freedom
15. You can be the change of Society
16. You are the world - The light is positivity

Chapter 11

Thank You

Chapter 11 - Thank **You**

I would like to say thank you to Paul Dorrington (Lead Employment Specialist), Karen Meechan (Clinical Psychology), Dag Heward Mills (Pastor, Evangelist, Teacher), Jiddu Krishnamurti (Philosopher, Spiritual Teacher), Jesus Christ - Jehovah - Buddha for helping to write this amazing book and for helping me to overcome my adversity & suffering.

Paul Dorrington (Lead Employment Specialist) - Paul Dorrington helped and supported me when I was 24 - 25 years from homelessness and mental health crisis to get back into Paid Employment in the Mental Health Industry. Paul Dorrington is my Spiritual Hero and I value and respect all of the support and help Paul Dorrington has given me through my years. Christopher Liam Rose & Paul Dorrington's professional

relationship has been for 10 years since 2014 - Present. Christopher Liam Rose owes his whole life to Paul Dorrington for showing him mental health recovery and hope, faith, control, and opportunity. Christopher Liam Rose has now worked with Paul Dorrington as an Employment Specialist in SWLSTG at North Kingston Team but will slowly be moving on to a Peer Support Coordinator role at SWLSTG (Sutton Jubilee Health Centre). Christopher Liam Rose's dream was to work with Paul Dorrington in mental health recovery and IPS Employment Specialist Support. Since Christopher Liam Rose has worked with Paul Dorrington in SWLSTG as an Employment Specialist he has received 2 Awards for excellent IPS Employment Specialist work.

Karen Meechan (Clinical Psychologist) - Karen Meechan helped and supported Christopher Liam Rose in 2014 in

Psychology and Counselling Therapy when Christopher Liam Rose went through homelessness and a mental health crisis. Karen Meechan is the main reason why Christopher Liam Rose has developed persistence, resilience, and coping strategies to manage his mental health conditions and learning difficulties of Schizophrenia, Psychosis, Depression, Diabetes, and Dyslexia. Karen is my Spiritual Hero and has helped me to recover from my mental health conditions and learning difficulties. Karen taught Christopher Liam Rose about dealing with Past Trauma, setbacks, overcoming adversity, and life challenges. Karen was the first person that Christopher Liam Rose opened up about his past and trauma. On 30/09/2024 Christopher Liam Rose lost his home and all of his possessions in a fire that burned away everything that Christopher Liam Rose owned including possessions and music equipment. Karen helped Christopher

Liam Rose deal with the fire and past trauma he experienced and showed him the light in helping other people and giving back. Karen told Christopher Liam Rose to write in journals to process his life, feelings, emotions, dreams, and desires. Christopher Liam Rose has been writing in journals since 2015 - Present and how many journals of his past life and experiences within the journals. Christopher Liam Rose & Karen Meechan's professional relationship was from 2014 - 2020 when Karen Meechan supported Christopher Liam Rose in Psychological Therapy 2 times 1) Psychology & Counselling in 2014 2) Psychology & Counselling in 2018. Christopher Liam Rose has experienced serious life setbacks and challenges which Karen Meechan helped me to deal with. Because of Karen Meechan, I can live a normal life and I have recovered from mental health illness.

Dag Heward Mills (Teacher, Pastor, Evangelist) - Dag Heward Mills has been my spiritual Christian father and leader in my Christianity & Spirituality. I have been attending Dag Heward Mills church called Lighthouse Chapel International #LCI 2014 - present. Christopher Liam Rose respects and honours Dag Heward Mills for all of his teachings, sermons, videos, and audio that he has been learning from since 2014. Dag Heward Mills is one of the main reasons why Christopher Liam Rose has stayed in faith, Christianity, and Spirituality. I have become an Evangelist and Teacher in Christianity and Faith based on Dag Heward Mill's Teachings. I owe my Christian walk with God to Dag Heward Mills and I am very grateful to be a part of Dag Heward Mills church and congregation.

Jiddu Krishnamurti (Spiritual Teacher, Philosopher) - Jiddu Krishnamurti is a very special spiritual teacher and

philosopher that helped me with Spirituality and faith. I discovered Jiddu Krishnamurti's Videos Series - A Wholly Different Way of Living with Dr Allan San Diego 1974 on YouTube when I was going through a mental health crisis and breaking up with my ex-partner. Because I watched Jiddu Krishnamurti videos talking about Spirituality, Meditation, Mindfulness, God, Faith, and Religion I started to become a Spiritual person and was practicing meditation and mindfulness. Jiddu Krishnamurti is the main reason why I have changed all of my life spiritually and become a very spiritual person. Jiddu Krishnamurti helped me to find Spirituality and God and I would have not been able to achieve Spiritually Freedom from the known without Jiddu Krishnamurti's teachings. I have a spiritual aura and spiritual presence because of the teachings of Jiddu Krishnamurti who is my spiritual teacher and spiritual philosopher.

Jesus Christ - Jehovah - Buddha - This has become the most important thing in my life to learn and understand Jesus Christ - Jehovah - Buddha. My faith, Spirituality, and Christianity & Buddhism are very important to me, and being with Jesus Christ - Jehovah - Buddha makes me Spiritual. Being a Christian and learning about Faith, Spirituality, Buddhism Christianity has become everything to me and more. My love and devotion for Jesus Christ - Jehovah - Buddha is everything and that is why I can be an Evangelist, Activist, Teacher in Faith, Spirituality, Buddhism, Christianity.

My spiritual heroes are very important to me in my life story and journey, and they are all the reasons why I have become a spiritual person.

I want you to understand dear readers that you can become spiritual and live a meaningful productive life. My life has been very difficult and challenging but I

would change any of my life experiences because they made me who I am today. The only things I would change about my life are the things I did to hurt other people like --ex-partners, family, and childhood abuse.

My life is not perfect by any means, but I have learned very important life lessons that I want to share in my life story. Please remember readers I am only a human being, and I am not perfect but I want you to feel inspired and hopeful about your future, and by reading my books you will find faith, Spirituality, Buddhism, Christianity and become the person you want to be.

Christopher Liam Rose Books

**1) Christopher Liam Rose Life Story
(Part 1)**

- 2) Be What You Want to Be**
- 3) The 15 Successful Habits**
- 4) Selfless**
- 5) Anointing**
- 6) Life Purpose**
- 7) Helping Other People**
- 8) Giving Without Receiving**
- 9) Fulfillment**
- 10) Learn**
- 11) It Is Not the Problems That Make You Who You Are, It Is the Person You Become That Make You Who You Are**
- 12) The Evangelism Ministry**
- 13) Learning Is a Part of Living**
- 14) The Self Is the Problem**
- 15) I Don't Want**
- 16) No Self**
- 17) Miracles**
- 18) Christopher Liam Rose Journal 2015 - 2016**
- 19) (Living With Jesus Christ & God) - Christopher Liam Rose Journal 2016 -2017**
- 20) Losing, Sacrificing, Suffering**

- 21) Observation**
- 22) Christopher Liam Rose Testimony**
- 23) SGR BOOKS - Christopher Liam Rose Music Discography**
- 24) Christopher Liam Rose Journal 2018 -2019**
- 25) Christopher Liam Rose Life Story (Part 2)**
- 26) Christopher Liam Rose Life Story (Biography)**
- 27) Imperfection To Perfection (Repentation)**
- 28) Christopher Liam Rose Journal 2019**
- 29) SGR BOOKS - Christopher Liam Rose Music Discography (Instrumentals)**
- 30) Losing Is Inevitable**
- 31) Christopher Liam Rose Life Story (Part 3)**
- 32) 4 Levels Of Helping Other People**
- 33) 4 Levels Of Helping Other People (Complete Version)**
- 34) Overcoming Adversity - Life Challenges - Life Problems #OALCLP**
- 35) How To Overcome Suffering #HTOS**
- 36) Pay The Price #PTP**

37) 5 Spiritual Practices #5SP

38) No Self Explained #NSE

39) Spiritual Change #SC

40) Poetry (Volume 1) #PV1

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Pinterest

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<https://www.pinterest.co.uk/christopherliamrose/>

TikTok

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<https://www.tiktok.com/@christopherliamrose>

Follow Christopher Liam Rose's Music on social media

Spotify

-

<https://open.spotify.com/artist/>

[4DCTGknEGFngM7IJNIJODN?
si=UOZ57GmdQki4hZ-xFdIsDg](https://www.youtube.com/watch?v=4DCTGknEGFngM7IJNIJODN?si=UOZ57GmdQki4hZ-xFdIsDg) -

Apple Music -
<https://music.apple.com/us/artist/christopher-liam-rose/1561501380>

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<https://music.amazon.co.uk/artists/B091NQRNNS/christopher-liam-rose>

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